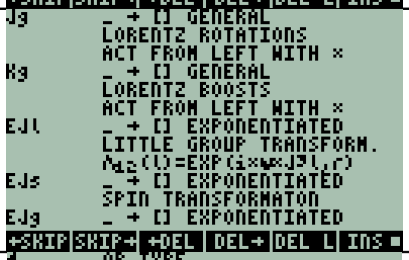
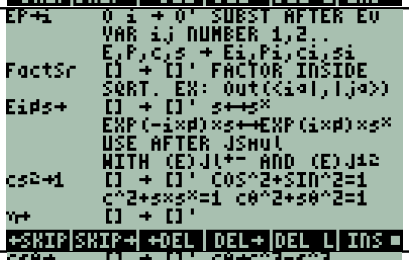
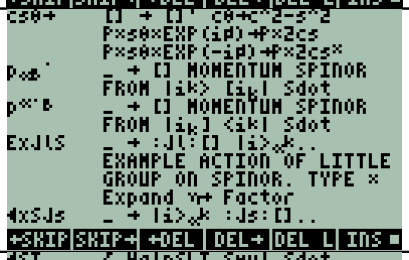
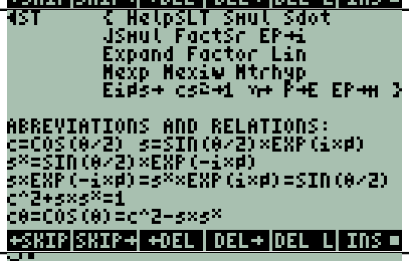
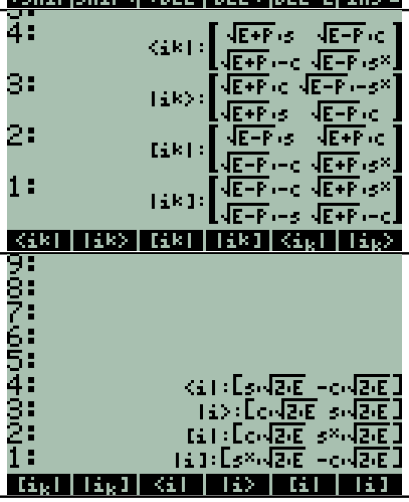
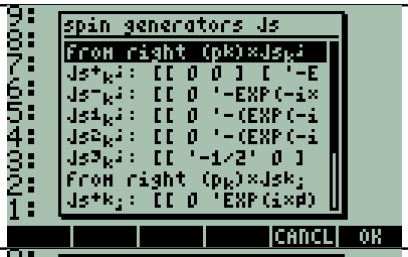
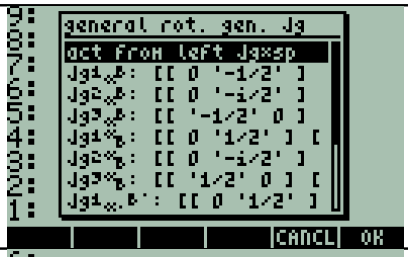
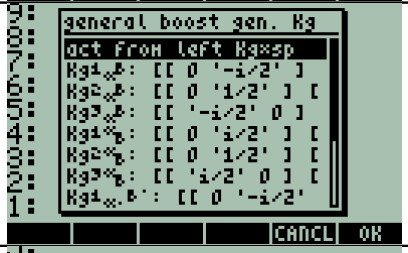
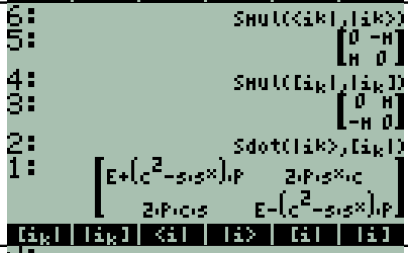
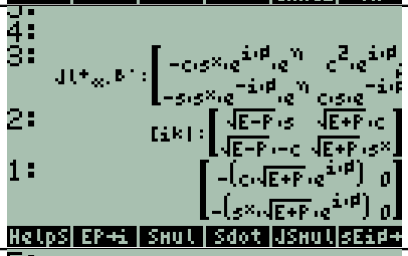
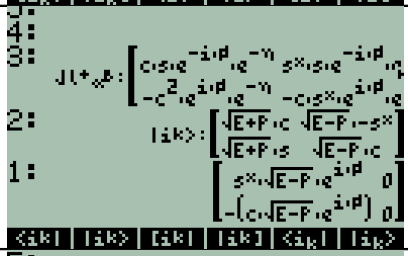
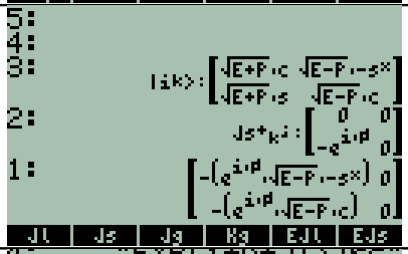
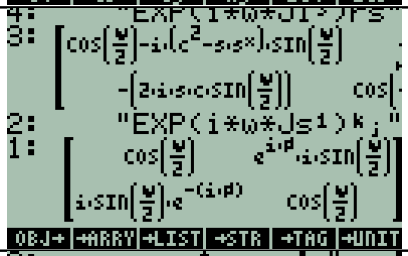
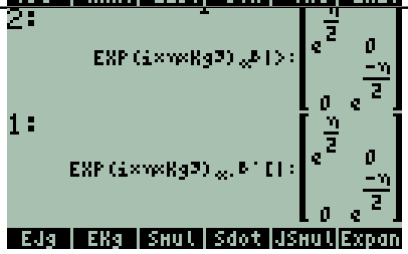
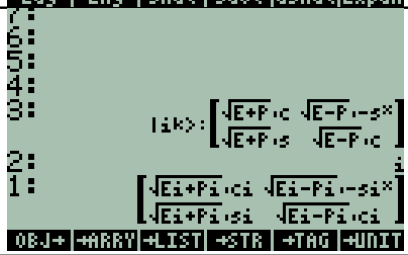
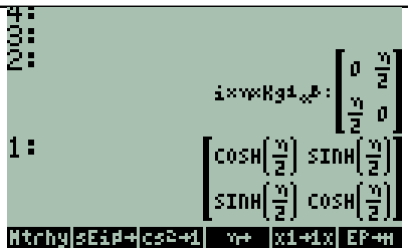
SHEL

HelpSHCHR: help Spinor Helicity (notation CHR)	
HelpSHCHR	
HelpSHCHR	
HelpSHCHR	
HelpSHCHR	
Massive spinors	
Massless spinors little group generators Jl	

spin generators Js general rotation generators Jg		
general boost generators Kg spinor products		
JSmul: little group generator Jl multiply with Spinor		
JSmul: spin generator Js multiply with Spinor		
Ejl, Ejs: exponentiated generators		
EKg: exponentiated generators EP->i change momentum to i		
Mexp: matrix exponential Jl+ |ik>: little group generator x spinor simplified		
|ik> Js+ : spinor x spin generator simplified |ik> Js- : spinor x spin generator simplified